

Republic of the Philippines Department of Education National Capital Region DIVISION OF CITY SCHOOLS



SFHS Compound, Misamis St., Bago Bantay, Quezon City

August 25, 2009

MEMO TO: Asst. Schools Division Superintendents

Division/ District Supervisors
Elementary/ Secondary Principals
Head Teachers and Officers In-charge

QC GIRL SCOUT WEEK-LONG CELEBRATION WORLD ASSOCIATION OF GIRL GUIDES AND GIRL SCOUTS (WAGGGS) (September 14-20, 2009)

- 1. For the information and guidance of the field, attached is a letter from Ms. Lucella M. Pedrera, Council Executive of the QC Girl Scout Council inviting all to participate in the week-long celebration of the QC Girl Scout in commemoration of the birth of its Founder Josefa Llanes Escoda on September 14-20, 2009, contents of which is self-explanatory.
- This year's celebration will be focused on the World Association of Girl Guides and Girl Scouts (WAGGGS) Global Action Theme (GAT) girls worldwide say "

 Together We Can Change Our World" which affirm its commitment to the UN's Millennium Development Goals.
- 3. Wide dissemination of this memorandum is enjoined.

CORAZON C. RUBIO

Asst. Schools Division Superintendent

Officer-In-Charge

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QUEZON CITY GIRL SCOUT COUNCIL

D. Tuazon St., Brgy. Lourdes, Sta. Mesa Heights, Quezon City Telefax No. 414-0074

Council Board Officers

2009 - 2012

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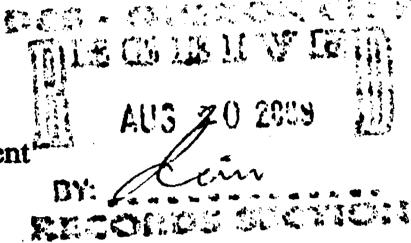
August 18, 2009

DR. VICTORIA Q. FUENTES

City Schools Division Superintendent

Division of City Schools

Quezon City



Dear Madam:

Girl Scouts all over the Philippines commemorate the birth of its Founder Josefa Llanes Escoda with a week-long celebration which will start September 14 – 20, 2009. This year's celebration will be focused on the World Association of Girl Guides and Girl Scouts (WAGGGS) Global Action Theme (GAT) girls worldwide say "Together We Can Change Our World" which affirms its commitment to the UN's Millennium Development Goals.

In this connection, may we request for the dissemination of the suggested daily activities that the troops in the schools may undertake in celebration of the event.

a. September 14 - Girls worldwide say "together we can end extreme poverty and hunger"

Activities:

- 1. Parade around the community bringing awareness of the GAT theme.
- 2. Plan skills demonstration on food production such as pots and plots vegetable gardening & malunggay planting.
- 3. Other livelihood skills demonstration for parents to encourage them to augment their family income such as food preservation on meat, fruits & vegetables.
- b. September 15 Girls worldwide say "education opens door for boys & girls"

Activities:

- 1. Coordinate with teachers to recruit slow learner pupils and organize a remedial session for Reading and Math.
- 2. Find out where your local literacy center is and volunteer to support the center. Help 5 to 10 aged people to learn writing & reading.
- 3. Gather non-girl scouts children from Grades IV-VI and demonstrate the Girl Scouts 8 Basic Outdoor Skills
- 4. Organize a Pre-school class from the indigent families.
- c. September 16 Girls worldwide say "empowering girls will change our world"

Activities:

- 1. Organize the school SPB and initiate their planning for their different projects based on WAGGGs theme.
- 2. Interview three women from different generations. Find out how attitudes towards sharing responsibilities in households, family and workplace have changed for them as women. Create a poster to show the changes and present to the troop.
- d. September 17 Girls worldwide say "together we can save children lives"

 Girls worldwide say "every mother's life and health is precious"



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Activities:

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BSP Chairman

1. Coordinate with barangay officials and health workers for the recruitment of mothers and their children for the following activities:

a. Feeding programme

b. Demonstration on cooking healthy meals for mothers

- c. Conduct games and interactive methods to equip the mothers the skills and knowledge on these topics:
 - a. right kinds of foods and nutritional value
 - b. importance of breastfeeding
 - c. personal hygiene
 - d. how to treat various illness such as diarrhea, dengue and AH1N1
 - e. the importance of immunization in preventing common diseases.
- 2. Conduct community services like cleanliness drive, declogging canals and beautification projects
- 3. Find out about Hand Washing Day. Organize your own hand washing day in your community and lead the demonstration.
- 4. Make a poster to show certain dangers for pregnant women such as smoking tobacco, drinking alcohol and unhealthy lifestyle.
- e. September 18 Girls worldwide say "we can stop the spread of AIDS, malaria and AH1N1 disease"

Activities:

- a. Conduct a forum for Seniors and Cadets regarding on how to stop the spread of AIDS, malaria and AH1N1 and other diseases.
- b. Conduct film showing to young adults to equip them more informations about AIDS and AH1N1 and other diseases
- c. Design a leaflet or brochure to raise awareness and promote ways to prevent malaria and distribute to the youth group in the barangay.
- f. September 19 Girls worldwide say "we can save our planet"

Activities focus on raising environmental awareness and developing eco-sustainable behavior.

- 1. Solo Walk a group in silence as a form of physical meditation. Helps to calm minds and set tone providing an initial personal and group experiences in the outdoors.
- 2. Hug-A-Tree On a forest, pairs take turn being blindfolded, lead to a tree (for touch and feel and then lead away. After removing the blindfold the tree hugger tries to locate her tree).
- 3. Natural Orchestra Create a musical performance using only natural materials.
- 4. Secret Smells A guessing competition using different smells from nature (e.g. flowers, leaves who an guess them right)
- 5. Nature Scavenger One way to run a nature scavenger hunt is to hand out an egg carton and a list of 12 items to collect. (e.g. natured items which are soft, spiky, blue, strong, beautiful, old, fragile, yummy, sharp, smooth, closed, open, wet, dry from plants and animals.).
- 6. Leaf Rainbow In small group, girls search for leaves of different shades and color and create a "leave rainbow"
- 7. Star Therapy lay down under the night sky and watch the stars, an old age of natural way of calming anxiety and dealing with depression.
- 8. Backyard Camping sleep in your backyard for overnight. Cook on a fire, eat home grown vegetables, don't watch TV or use the telephone. It might change your lifestyle.
- 9. Plant Trees plant forest on fruit trees in your backyard or in the vacant places in the community.



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g. <u>September 20</u> – Girls worldwide say "we can create peace through partnership"

Activities:

1. Arrange for Mass services for the Catholics and other services for non-Catholics

2. Conduct Escoda Ceremony for the troops to commemorate the heroism of our Founder.

3. Make five bracelets and collect five facts about how girls live in another country. Tell five friends or family members the facts and give them each a

bracelet.

We hope that in doing the activities, the girls will make a personal commitment to help change the world around them. Thank you for your usual support.

Very truly yours,

LUCELLA M. PEDRERA

Council Executive